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From left, Darlene and her husband Titus Waldner, Glenda Maendel and Karen Waldner are four of the nine former Hutterite colony members from Manitoba and North Dakota who've written a tell-all book. SHANE GIBSON/METRO

# **Ex-Hutterites tell** tale of corruption

Tell-all book. Former colonists allege sexism, favouritism, puny wages



**EXPANDING TO A FULL** 

WEEK THIS YEAR PAGE 6

SHANE GIBSON

A group of former Hutterite colony members from Manitoba and North Dakota are peeling back the veil on the societies traditionally closed off to the modern world.

Seven years after each individually decided to escape - a move that has caused their communities and much of their families to shun them the group of nine has published a tell-all account.

"This is actually exposing the Hutterites," explained Glenda Maendel, adding their

book was written as much for those still living in colonies as it was for those on the out-

"The mindset you had there was that everything is evil out here and you'd go to hell if you leave the colony.

"It's for people to see that there is hope and freedom out there."

Hutterites: Our Story to Freedom was released in August, and each of the former members takes a chapter to tell their personal story. The accounts describe a corrupt system of sexism, favouritism and unfair wages, in which members work for \$3 to \$5 a month.

"We love the Hutterite people, but it's the system that ruins the people," said Maendel.

The book also looks at the

#### Reception back home

The authors fully expect their book to be banned from Hutterite colonies on both sides of the border but also think a ban will lead to more colonists getting their hands on it.

struggles each of the nine went through after leaving their communities for a new world with nothing but the clothes on their backs.

"It took years to adjust," said another of the authors, Titus Waldner. "Inside the colony you're not invited to express yourself.... To come out of that and now just start being open and sharing and know who you are as a person — it doesn't happen over-

The nine authors will be at McNally Robinson Booksellers in Winnipeg on Saturday from 11 a.m. to 1:30 p.m.

For more information on the book or to order a copy go to thenine9.com.

"The mindset you had there was that everything is evil out here and you'd go to hell if you leave the colony."

Co-author Glenda Maendel



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**NEWS** metronews.ca WEEKEND, September 13-15, 2013

## Orthodox archbishop denies sex assault charges at Winnipeg trial

An Orthodox archbishop accused of sexually assaulting two brothers almost 30 years ago denied doing anything inappropriate but told a Winnipeg court he did talk to one of the boys about puberty.

"It was one of the stupider things I've done in my life," Seraphim Storheim told Court of Queen's Bench Justice Christopher Mainella on Thursday. "The thing I regret most is engaging in this conversation about puberty.

Storheim said he met the boys in the early 1980s when he was posted to London, Ont. The 67-year-old testified he saw the boys and their single mother at least once a week during that time. The boys were vivacious, hard-working and obedient, he

When he moved to Winnipeg, Storheim said he agreed to have the boys stay with him separately during the summer of 1985 to further their Christian education. He is accused of sexually assaulting the preteens during those visits.

The men have testified Storheim walked around naked and asked them to touch him sexually. Storheim vehemently

denied anything inappropriate took place.

"Did you ever intentionally display yourself in the nude?" asked defence lawyer Jeff Gin-

'No," Storheim said.

"Did you ever invite either of them to touch you inappropriately?" Gindin said.

"No," Storheim said.

THE CANADIAN PRESS

# Naked bike ride? First let us define 'parade'

#### 'Housekeeping matter.'

Request for naked bike ride leads to parade permit wording change



BERNICE PONTANILLA

A case of two women wanting a parade permit to ride naked through Winnipeg has led to a change in the wording of a city

On Thursday, Winnipeg Police Service officials attended city council's protection and community services to speak in favour of amending a traffic bylaw to include bicyclists as well as pedestrians in the definition of parade.

Patrol Sgt. Kevin Cisaroski, the police's special events coordinator, said it was a naked ride request in 2012 that revealed the discrepancy in the definition of parade, which was pointed out by the city's public

"We had to do some investigation into the legality" of the naked ride, added Čisaroski, "and it was discovered that there was a problem with the way the bylaw had been written in that it didn't address bicyclists at all, it eliminated them from the equation in the

Cisaroski said that exclusion prevented police from having the authority to issue parade permits for cyclists, meaning bikes had to continue to abide by the Highway Traffic Act, with no side-by-side riding and the required stopping at red lights and stop signs.

Members of the protection and community services committee voted in favour of the request, including chair Coun. Scott Fielding (St. James-Brooklands), who told Metro on Wednesday that the amendment was a "housekeeping matter."

As for the naked ride, a permit was not issued, and "it still isn't allowed," added Cisaroski.



Members of the Mikes on Bikes start the gay pride parade June 28, 2009, in San Francisco, Calif. Bike parades might become more common after Winnipeg changed the rules to allow them. DAVID PAUL MORRIS/GETTY IMA

#### 'Hundreds of 311 calls'

#### Councillors call for more cash to fix gravel back lanes

With close to half of all gravel back lanes located in their combined wards, two Winnipeg city councillors are calling for a doubling of the cash spent on maintenance in the 2014 budget.

Couns. Brian Mayes (St. Vital) and Dan Vandal (St. Boniface) said in a joint press release on Thursday that of the 87 kilometres of gravel back lanes the city has, more than 40 kilometres are located in their two wards.

The city spent \$170,000 on granular lane maintenance in 2013, and Mayes said it's looking like the upcoming budget will contain the same amount.

"There is a new policy that is coming, but it's been delayed and we didn't want to miss the whole budget cycle waiting for that," Mayes told Metro Winnipeg following the Peace Days press conference at The Forks.

"We've said we have got to increase that (the \$170,000), it's the subject of hundreds of 311 calls."

Mayes said funding for gravel roads maintenance will be discussed during next week's environmental advisory committee meeting, which he

"People generally call saying, 'Can you please grade the back lane? There's a lot of potholes,' so we're trying to at least get that short-term fix in place," he said.

BERNICE PONTANILLA/METRO



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Winnipeg officials are unsure what's causing the brown water flowing out of city residents' taps, despite calling in consultants to help. Here are five things we think they should consider.

#### **ELISHA DACEY**

#### **Secret PST Tea Party protest**

In 1773, a bunch of people grumpy about the British's method of taxation in Boston dumped a bunch of tea into the Boston Harbour as a means of protest. In 2013, the provincial NDP raised the PST to eight per cent, amending its own laws to do so. Coincidence?





#### **Beer contamination** from rural Manitoba

Wednesday's tragic beer-truck flip near Flin Flon has us wondering if beer flows downstream. Could there have been other beer-truck contamination of our water supply from Shoal Lake? Or perhaps a hopsand-barley spill?

#### things that are (probably) causing the city's brown water

#### Someone seriously got their pipes crossed

Taking a look at the brown water coming out of the taps, it does bear a striking resemblance to water found in a certain river system that flows through the city. Did the pipes that lead to the river get reversed? Gives new meaning to the term "muddy waters," anyway.



#### The Winnipeg Basilisk

Hey, if a giant snake can terrorize the students in the Hogwarts School of Witchcraft and Wizardry's ancient underground waterways, who's to say there isn't one slithering through Winnipeg's ancient underground sewer system? A snake that big must dislodge a lot of debris.

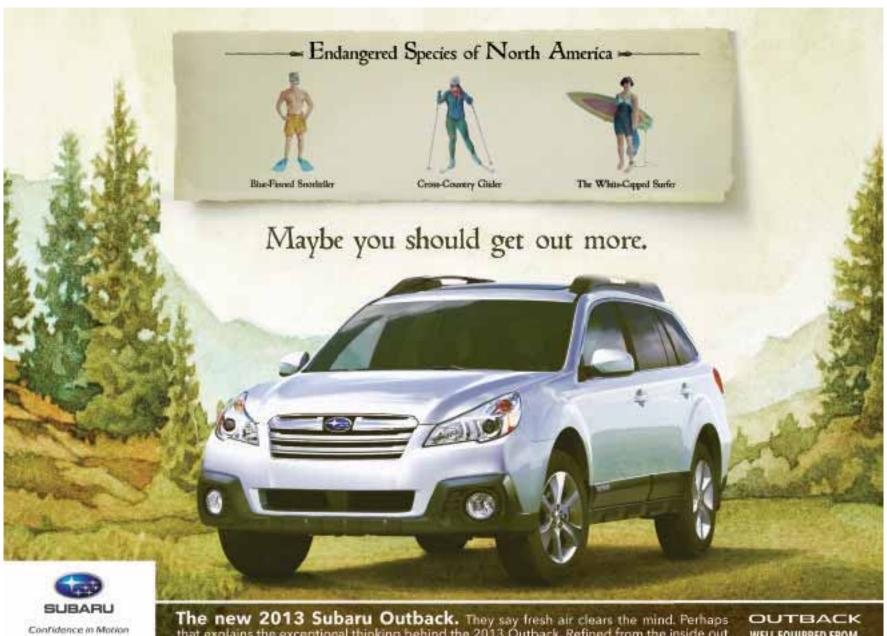


#### Maple-syrup heist gone wrong

If thieves can steal 16,000 45-gallon barrels of maple syrup in Quebec with no one the wiser for months, then who's to say it hasn't happened again? Except instead of being shipped to Nova Scotia, this time they shipped it to Winnipeg. And the tanker truck hauling it obviously exploded all over the watershed. There. Reasonable explanation.







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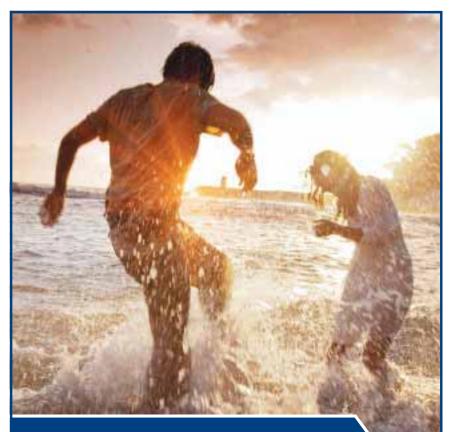
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# All they're saying is give peace a chance

For all ages. Peace
Days celebration
expands from one day
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Harmony and human rights are central themes for a new weeklong festival called Peace Days, which was officially launched on Thursday with a ceremony near the Mahatma Gandhi statue at The Forks.

David Newman, Peace Days co-chair, said events begin on Sunday, Sept. 15, which is the International Day of Democracy, and the festival ends with the Concert for Peace on Sept. 21, the International Day of Peace.

"This year a group of individuals ... created a diversified program of events to appeal to people of all ages throughout the city of Winnipeg," said Newman.

"This is the first time that events here in Winnipeg are now recognized as Peace Days and we hope to be able to recreate Peace Days next year and even expand our structure and vision around the world."

Newman said 2013 is the first year the committee — with the participation of other faith-based, community and social groups — has organized more events and not just the peace concert on Sept. 21.

Among those scheduled to speak during Peace Days are Kim Phuc, a Vietnamese-Canadian who at age nine was the subject of a Pulitzer Prize-winning 1972 photograph showing her running unclothed down a road following a napalm attack during the Vietnam War, and Shulamith Koenig, founder of the People's Movement for Human Rights Learning.

Thursday's press conference included a video message from former premier Gary Doer, now Canada's ambassador to the U.S., and speeches from Mayor Sam Katz and Minister of Immigration and Multiculturalism Christine Melnick

Visit peacedays.ca for more information on the events.

# Do you enjoy rational thought? There's a camp for that

Disbelievers unite!

SkeptiCamp 2013 is a forum for sharing ideas, with discussions focused on science and critical thinking.

"We want everybody to attend and we want everybody that attends to participate," said Ashlyn Noble.

"Anybody is welcome to give a talk on anything that has anything to do with science or skepticism or free thought — even if it's only tangentially related — but the most important way you can participate is to ask questions. The only rule of SkeptiCamp is that when you're giving a talk, you must answer questions. It's import-

#### Camp schedule

SkeptiCamp runs Sept. 14 at the Université de Saint-Boniface from 10 a.m. to 5 p.m. in room 1214. The event is free and open to the public. For more information, go to winnipegskeptics.com/skepticamp.

ant that everybody have their ideas challenged."

SkeptiCamp is presented by Winnipeg Skeptics, an organization dedicated to the promotion of science and critical thinking, especially when it comes to pseudoscientific, supernatural or paranormal

"One of the things I'm quite proud of is when Sylvia Browne (American psychic/spiritual medium) was in town, a few of our members went and handed out pamphlets on how to do a cold reading," says Noble, who heads Winnipeg Skeptics.

"We weren't directly protesting Browne. We were just saying, 'Hey, anybody can be a psychic."

At SkeptiCamp, Noble will be speaking on "humanist giving and philanthropy." Noble is an intern at Foundation Beyond Belief, a secular charitable organization. JARED STORY/METRO



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metronews.ca
WEEKEND, September 13-15, 2013

# Leaders trade in briefcases for sleeping bags

Downtown Winnipeg BIZ launched its annual CEO Sleepout Thursday, and with 100 Winnipeg CEOs, community leaders and media members taking part, the third instalment of the homelessness awareness campaign is the biggest yet.

"Camped out at one of the windiest corners of the city CFOs traded their briefcases for sleeping bags and used the evening as an opportunity to connect, to discuss, and to learn," said BIZ executive director Stefano Grande of the previous two sleepouts. "Did we end homelessness? No, not yet. But we raised significant funds — almost a quarter-million dollars has gone directly to fighting homelessness employment programs."

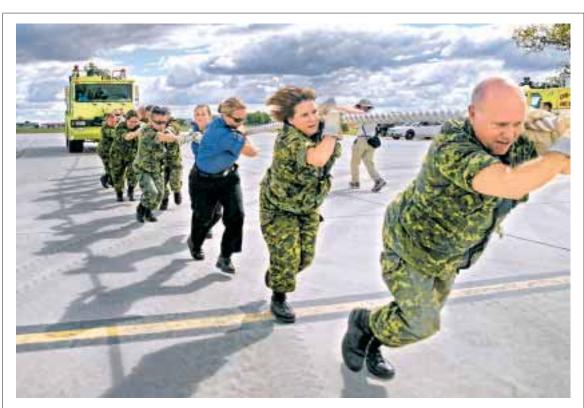
So far this year's lineup of participants, which includes Metro Winnipeg reporter Shane Gibson, has brought in



director Stefano Grande speaks at the launch of the third annual CEO

\$100,000, and the BIZ hopes that total will hit \$150,000 by the time the sleepout starts in downtown Winnipeg Sept. 26.

Donations can be made online at changeforthebetter.org or at collection boxes at participating venues downtown.



#### Herc Pull for the United Way

Military personnel work together to pull a City of Winnipeg fire truck on Thursday in the 17 Wing annual Herc Pull in support of the United Way. The troops also pulled a Hercules CC-130 aircraft, weighing in at 82,000 pounds. STAN MILOSEVIC/CHRISD.CA

# HOUSE & HOME

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Flooring has a great selection of domestic level of service, backed up by experi-

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WEEKEND, September 13:15, 2013

# DEA: 30 kilos of cocaine headed for Alberta town

Seven charged. Most accused believed to be members of a Mexican Mennonite community with ties to infamous Juarez drug cartel



American drug-enforcement officers allege a southeast Alberta hamlet was the destination for a haul of cocaine being moved through a pipeline involving the Mennonite community and a notorious Mexican cartel.

The Drug Enforcement Administration (DEA) laid charges against seven people in relation to the alleged trafficking operation this week. It's believed all but one of the accused were members of a Mexican Mennonite community in

the state of Chihuahua and had direct links to the Juarez drug cartel, widely considered to be one of the most brutal criminal organizations in the world.

The drug bust involved 11,000 pounds of marijuana that agents believe was to be distributed to various states in the U.S. and 30 kilograms of cocaine that DEA Assistant Special Agent in Charge Kevin Merrill said was bound for Grassy Lake, Alta., a small hamlet located about an hour east of Lethbridge.

"We had targets that we had identified through phone records that they were talking to up there," he said, adding more charges in connection with the drug bust were possible.

Merrill indicated his organization worked with Canadian authorities, but a request for comment from RCMP's federal communications office had not been returned at press time.

Mennonites are members of a church that has been around

for nearly 500 years, according to a national website.

"Today, you won't recognize most Mennonites by how they dress," the posting reads. "But you will find vibrant Mennonite congregations through rural areas, small towns and large cities across Canada and throughout the world."

Southeastern Alberta in particular became a common migration point for Mennonites from Mexico and Bolivia in the 1990s. According to 2001 census data, the total Mennonite population in Alberta was 22,785 and in some smaller towns and hamlets, including Grassy Lake, the community can account for up to three quarters of the population.

Merrill said Mexican cartels

Merrill said Mexican cartels tend to rely on family ties or close friends when it comes to their trafficking operations because, "It limits the number of people, if they get arrested, that will co-operate against them"

# Florida. Charges possible after suicide of 12-year-old girl who was cyberbullied

A 12-year-old girl committed suicide after she was bullied online, and a sheriff said Thursday that he is investigating whether he can file charges under a new Florida cyberbullying law.

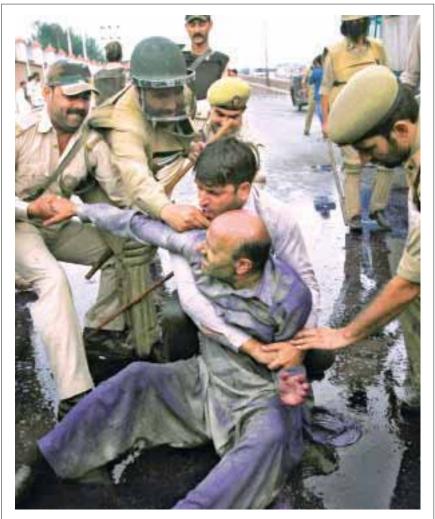
Sheriff Grady Judd said that Rebecca Ann Sedwick jumped to her death on Monday. Investigators say the girl was despondent after others had posted hate messages about her online. Sedwick was "absolutely terrorized on social media," Judd said.

The Lakeland Ledger reports that detectives found multiple social-media applications where Sedwick was constantly bullied with

messages, including "Go kill yourself," and "Why are you still alive?"

He said parents of all 15 girls have co-operated with detectives and several cell-phones and laptops have been confiscated. Judd said charges could be filed — including cyberstalking.

THE ASSOCIATED PRESS



#### Anger in Kashmir after protester killed

Indian policemen detain Kashmiri supporters of the Awami Ittehad Party during a protest against a fatal paramilitary shooting in the disputed territory in Srinagar, India, Thursday. Shopian District Deputy Commissioner Bashir Ahmed Bhat said a man was killed Wednesday when forces fired pellets at protesters. Residents insist the troops were firing bullets at the crowd protesting near a police camp about 50 kilometres south of Srinagar.

MUKHTAR KHAN/THE ASSOCIATED PRESS



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metronews.ca
WEEKEND, September 13-15, 2013

# Rally seeks to remind country of rape culture beyond SMU

Wider discourse. SMU got caught with chant, but does not own the problem, poet declares



An organizer of a rally promoting consensual sex at Saint Mary's University in Halifax says the attitudes on campus surrounding rape and equality need to change.

The rally came after the scandal caused by a frosh event in which hundreds of students took part in a chant that glorified the rape of underage girls.

Roughly 150 people attended Thursday's rally.

Lewis Rendell, 20, said she hoped the incident would spark a wider discussion about rape culture. Before reading an impassioned poem about a rape victim, Halifax poet laureate El Jones declared that "the problem doesn't belong to SMU."

"SMU didn't create rape culture," Jones told the crowd. "SMU got caught, but everybody else has been doing it."

The chant prompted the resignation of the president of the SMU Students' Association.

According to the university, two student organizers are facing disciplinary action and roughly 80 student leaders will undergo sensitivity training.

Rendell, a board member of the SMU Women's Centre, added that the rally was also protesting the administration's response to the scandal.

A spokesman for SMU said in an email that the school is working with the centre to strengthen their relationship. Steve Proctor said a member of the centre has agreed to sit on the President's Council.

#### **Best practices**

#### Universities watch and take notes

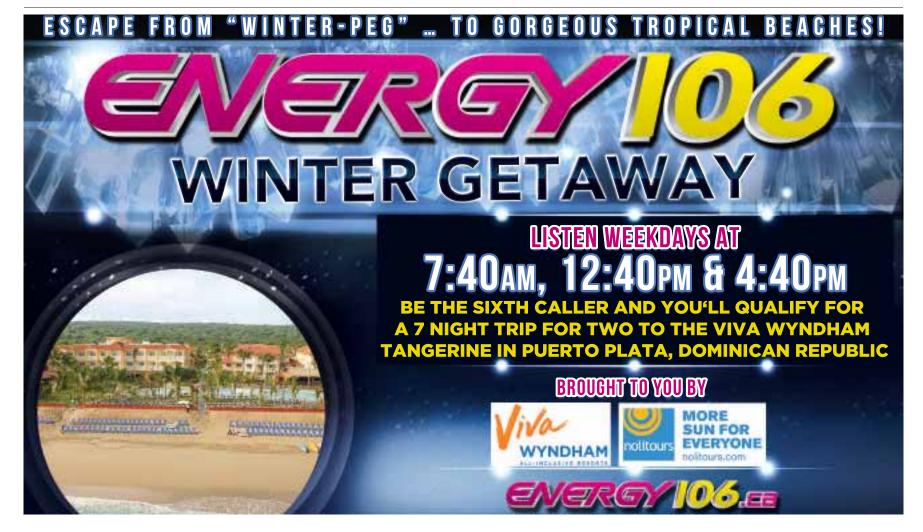
James Sanford, executive director of student services at Acadia University in Wolfville, N.S., said he expects many school administrators are closely watching Saint Mary's.

Ryan Flanagan, director of student affairs at Carleton University in Ottawa, said the administration became more involved in orientation after student-leadership concerns in 2010.

"If student associations are going to run it, I think you're taking on a risk," he said. THE CANADIAN PRESS



Protesters gather in the SMU guad Thursday to voice their displeasure with a frosh-week chant. JEFF HARPER/METRO IN HALIFAX



# Toronto cop guilty of assault with a weapon

**G20.** Judge said the officer was trying to 'justify his blows' when he claimed only to be responding to resistance

The criminal conviction of a Toronto police officer for assaulting a protester during the G20 summit three years ago is being hailed as a victory for the hundreds of demonstrators who were rounded up and arrested that weekend.

Const. Babak Andalib-Goortani was convicted Thursday of assault with a weapon after a judge found



he used excessive force during the arrest of protester Adam Nobody on June 26, 2010, at the legislature.

Andalib-Goortani didn't need to forcefully jab Nobody with his baton several times as his fellow officers were trying to cuff the man, Ontario Superior Court Judge Louise Botham found.

"A police officer is not entitled to use unlimited force to affect an arrest," she said.

Video of Nobody's arrest shows him on the ground with officers piled on top of him. Andalib-Goortani's explanation "that he was responding to Adam Nobody's resistance is nothing more than an after-the-fact attempt to justify his blows," said the judge. Nobody clapped as the verdict was announced. A sentencing hearing is set for Nov. 8. THE CANADIAN PRESS

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metr⊕ metronews.ca WEEKEND, September 13-15, 2013

## **Experts confident** in a plan to right the Costa Concordia

**Capsized off Tuscan** coast. Starting at dawn on Monday, the objective is to 'get her to move very slowly and gently' to upright

An international team of engineers and other experts has devised no Plan B if an attempt to right the hulking wreck of the grounded Costa Concordia goes wrong and the cruise liner splits apart or falls back on its side near an Italian island.

The team is attempting an unprecedented engineering bet to remove the luxury liner from just outside the harbour of Giglio island where it has been lying on



its side after smashing into a jagged reef. Assuming seas are calm, the ship will be

slowly pulled to vertical in an hours-long operation so it can be towed to a mainland port and turned into scrap.

The possibility that the Mediterranean cruise liner might fall apart is a "remote event," insisted Franco Gabrielli, head of Italy's Civil Protection agency, at a briefing Thursday.

Thirty-two people died when the Concordia crashed on the evening of Jan. 13, 2012, as the captain steered the vessel close to the island of Giglio's rocky coastline. The reef sliced a large gash in the hull.

A team from 24 nations will be conducting the operation to move the ship, known in nautical terms as parbuckling.

THE ASSOCIATED PRESS



#### **Timmins to Quebec in 10 hours**

The Canadian Space Agency says the first stratospheric balloon successfully launched in Canada from Timmins on Wednesday night landed in northwestern Quebec. These balloons can operate up to 45 km high: too low for satellites, too high for planes. CONTRIBUTED

#### Former ambassador

#### Government 'mischievous' in dispute with diplomats

Ken Taylor, the former ambassador behind the 1979 Canadian Caper in Iran, says Canada's modern-day diplomats are underpaid and will hopefully resolve their unprecedented strike with the government.

Taylor said that it is "mischievous" for the Harper government to publicly suggest that its foreign-service officers enjoy coveted jobs with lots of perks.

Taylor was commenting on the government's public line in its stalemate with the 1,350-member union that has been staging rotating job action at more than a dozen foreign missions. They want wage parity with other departments.

Taylor is at the Toronto International Film Festival for the debut of the documentary Our Man in Tehran. THE CANADIAN PRESS



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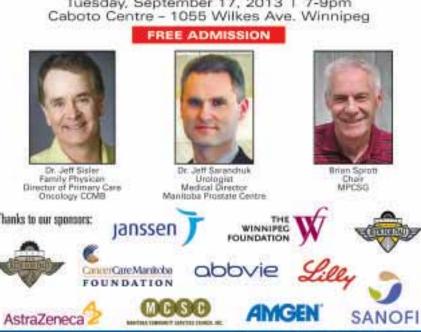
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## SEPTEMBER 17



Intense Violence Blood and Gore Nudity Mature Humor Strong Language Strong Sexual Content Use of Drugs and Alcohol









# **Prince William** finishes service in the military

Off duty. Heir to the throne will have more time to spend with his family and participating in royal engagements

There will be no more perilous military helicopter missions for Prince William in the rugged mountainous terrain of northern Wales.

With the military's announcement Thursday that he has completed the operational phase of his career, William looks free to spend more time with his wife, Kate, and their 2-month-old son, Prince George, while he takes on more royal engage-



ments and charity roles.

The move marks the end of an exciting phase in the prince's life — he became adept at piloting a Sea King helicopter in foul weather, helping mountaineers in distress and rescuing mariners in the frigid waters of the Irish Sea. His active military career, a traditional rite of passage for senior royals, lasted more than seven years, first in the Army and then in the Royal Air Force. Air Chief Marshal Andrew Pulford said William had been an important part of the Royal Air Force's search and rescue force for the past three years.

William, 31, started as an officer cadet at Sandhurst military academy in 2006. He began search and rescue helicopter training three years later and has the RAF rank of Flight Lieutenant, similar to a captain in the U.S. Air Force. THE ASSOCIATED PRESS

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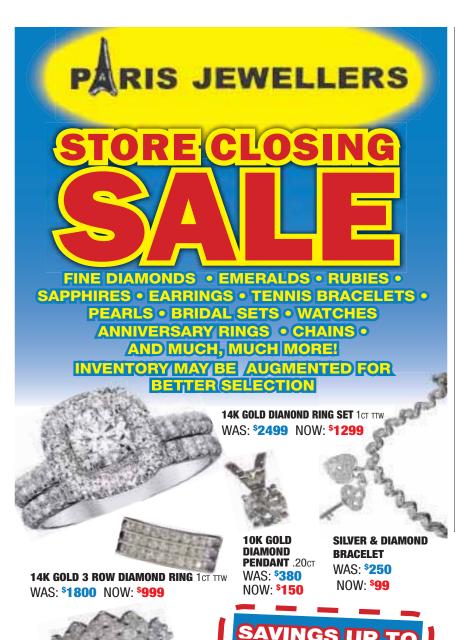
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NEWS 17

# School beats bullies with the power of politeness

London, Ont. Etiquette school to show kids they have the power to cope — and succeed



Sometimes there's nowhere to

What does a child do when faced with a bully and they have nobody to turn to? A new initiative in London, Ont., has the answer: It's all about etiquette.

"We want to teach children how to put their best foot forward despite whatever circumstances they are facing," said Wendy Mencel, director of the city's newly established Canadian School of Protocol and Etiquette.

"For instance, helping children with their social skills

helps against bullies," she said. "The initiative in the school system is: Walk away and tell an adult — but sometimes there's no place to walk away to and there's no adult.

"What do you do in that situation?"

The answer, she says, is to stand up to aggressors — politely.

"Bullied people will instinctively look down. We teach them to look people in the eye and say 'No,'" Mencel said. "We teach social skills that will help in any situation, that let people understand you mean business."

It's all about giving the confidence to cope in any situation, whether it's a schoolyard clash or an evening of fine dining.

Mencel, who's a certified etiquette consultant and an Anglican minister, explained: "This isn't about learning how to curtsy or how to sip tea with your pinkie out — which you should never do, by the way,



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because it's bad etiquette.

"It's about equipping children with social skills that in a

very competitive global market will help them to succeed."

Mencel's driven to help young people, and she's direct about why.

"I want to teach children that they don't have to be a victim of bullying," she said. "They have the skills and the tools within themselves to deal with it."

#### Manners manua

# Eating? Drop the phone

Wendy Mencel gave Metro a guide to 21st-century politeness pitfalls.

#### Texting at the dinner table

"Put your cellphone away if you're having a conversation," said the expert.

"People talking on their cellphones in a nice restaurant very loudly are not polite."

That goes for at home, too. Many young people simply don't know they should put their phones away when they

#### Show respect behind the wheel

"I see some pretty aggressive driving,"
Mencel said.
"People cut one another off. Try and think about the other

drive

"Try to be polite, and maybe you could let people in front of you."

#### Wedding cash grabs

"Something I see a lot now is people asking for money when they're getting married," Mencel said. "A lot of brides put 'Cash only' or 'Please donate towards our honeymoon.' That's

#### Metro's mistake

just tacky.

After considerable persuasion, Mencel eventually agreed to point out a mistake made by Metro's reporter during the interview.

"You said, 'No problem.' That's an etiquette mistake," she explained. "I'm thanking you, and you should say, 'You're welcome.' To say 'No problem' means you have been inconvenienced, and you haven't."

Point taken.



metr⊕ **BUSINESS** metronews.ca WEEKEND, September 13-15, 2013

#### **Telecom. Vodafone UK CEO** to head up Rogers

The chief executive of U.K.based Vodafone Group has been hired as the new president and CEO of Toronto's Rogers Communications Inc. and plans to take over just ahead of a wireless auction that will see Canada's telecom companies compete for radio waves to expand their cellphone networks.

Guy Laurence, 52, will take over in December as the top



Rogers, one of Canada's largest communications companies.

He succeeds Nadir Mohamed, who had previously announced





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#### Transparency issue

#### Pants problem lowers Lululemon profit outlook

Lululemon Athletica is lowering its 2013 profit and revenue outlook as efforts to improve the quality of its black Luon yoga pants have delayed the delivery of fall products to stores. The company pulled the pants from store shelves this spring because they were found to be see-through.

#### THE CANADIAN PRESS Social media

#### **Twitter files IPO** documents

Twitter is going public. The micro-blogging service says it has filed confidential documents for an initial public offering of stock. The firm posted on its Twitter account that it has "confidentially submitted an S-1 to the SEC for a planned IPO." THE ASSOCIATED PRESS

#### Market Minute



**DOLLAR** 96.85¢ (-0.10¢)



12,701.05 (-124.37)



\$108.60 US (+\$1.04)



GOLD \$1,330.60 US (-\$33.20)

**Natural gas:** \$3.64 US (+7¢) Dow Jones: 15,300.64 (-25.96)

# stant at Brown & Brown Insurance, works at a treadmill desk at the firm's offices in Carmel, Ind. Workers sign up for 30 slots on the treadmills and have their phone and computer transferred

# Run the rat race from your desk

On the move. Growing number of employees are standing, walking, cycling through the day at active stations

Glued to your desk at work? Cross that off the list of excuses for not having the time to exercise.

A growing number of Americans are standing, walking and even cycling their way through the workday at treadmill desks, standup desks or other moving workstations.

Others are forgoing chairs in favour of giant exercise balls to stay fit.

Walking on a treadmill while making phone calls and sorting through emails means "being productive on two fronts," said Andrew Lockerbie, senior vice-president of benefits at Brown & Brown, a global insurance consulting firm.

Lockerbie can burn 350 calories a day walking about five to six kilometres on one of two treadmill desks that his company's Indianapolis, Ind., office purchased earlier this year.

"I'm in meetings and at my desk and on the phone all day, he said. "It's great to be able

#### Setting the pace

Treadmill desks designed for the workplace are normally set to move at about 1.6 to 3.2 km/h, enough to get the heart rate up but not too fast to distract from reading or talking on the phone comfortably.

to have an option at my work to get some physical activity while I'm actually doing office stuff. You feel better, you get your blood moving, you think clearly." THE ASSOCIATED PRESS

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**VOICES** metronews.ca WEEKEND, September 13-15, 2013

# BY GEORGE! WHAT A CURSE

Those lazy, hazy, crazy days of summer are over, and now it's time to pay attention. So, if you're wondering what to pay attention to.

Charter chowder. The Parti Québécois unveils its "charter of values," banning the wearing of religious symbols on the job for the province's civil servants. No burkas or turbans or yarmulkes, please. The charter has already claimed its first victim, MP Maria Mourani, who was kicked out of the Bloc Québécois caucus for daring to disagree with her fellow separatists, calling the charter a "political miscalculation." It is that, never mind what else it is. iPhone. Apple unveils its latest iPhones to

2 **iPhone.** Apple unveils its latest in notice to the usual media frenzy. One is "cheap," just the usual media frenzy. under 100 bucks in the U.S., while the other is

**Paul Sullivan** 

metronews.ca

so expensive, it induces nosebleeds. But you can lock it with your fingerprint, so you'll never have to worry about forgetting your

passcode as it comes permanently attached. Hockey Night in Canada, almost. The boys of summer are still extent summer are still out there tearing up the grass, but the boys of winter are already back at the rink getting ready for a 1,230-game season that culminates on April 13, 2014, in the final game between the Dallas Stars and the Phoenix Coyotes. And then the playoffs begin. Are you ready for some, er, a lot of hockey?

Harry Potter sequel - NOT. Hollywood is rocking with the news that Harry Potter author J.K. Rowling is going to write her first screenplay about the world of wizards. Too bad it's about Fantastic Beasts and Where to Find Them, which really has nothing to do with Harry Potter, "the boy who lived," presumably to spawn a sequel ... someday.

Rowling seems to have a perverse need to deny her millions of fans the one thing they do want. Curses! As in Avada Kedavra!

5 From Russia, with petulance. Russian President Vladimir Putin has the nerve to preach to America about being good global citizens and avoiding military action in Syria in an op-ed piece in the New York Times. His article has the unanticipated side-effect of doing what President Obama has never been able to do: Unite the fractious U.S. Congress. A Republican senator believes Ronald Reagan is turning over in his grave, while a Democratic senator said the article nearly made him vomit. No word on a sequel.

Ain't gonna study war no more. After flying 156 missions and helping to rescue 149 people, Prince William is retiring from his job as a U.K. military rescue chopper pilot after seven-and-ahalf years. He will now shift his focus to rescuing endangered animals — he has recorded a video calling for an end to the ivory and rhino horns trade. Presumably his other hazardous

duty will include getting up in the middle of the night to change Follow The Metro List on the royal diapers on baby George. Twitter @TheMetroList



#### **ZOOM**

#### Vitruvian-style amphibian aims high



#### Frog launches with **NASA** rocket

Frogs have been sautéed, baked and deep-fried. But not until the latest NASA moon launch has one ever been seen blasted by a rocket.

The likely unfortunate event occurred Sept. 6, when a frog got an unexpected front-row seat to the liftoff of NASA's lunar explorer, known as LADEE. When the rocket unleashed its 361,000 pounds of thrust, more than the spacecraft took off.

The moment was captured in an extraordinary photograph posted on NASA's website. TORSTAR NEWS SERVICE

#### Soft landing?

"Currently, LADEE is doing well, but we're not certain about the frog's fate." NASA spokesman Allard Beutel

#### The image isn't altered

- NASA said the photo is authentic. It was taken by a remote NASA camera triggered by sound.
- NASA's mission is on its way to the moon. It will gather information about the lunar atmosphere, surface conditions and lunar dust.



**FIFIELD** 

Instagram video may be the ideal destination for finding bad behaviour from unsavoury characters, but Vine remains the undisputed champion for weirdos and their typically hilarious but always high-concept gems.

#### @Keelaviams:

Armed with a stable of celebrity cardboard cutouts and an absurd number of Motorola RAZRs, Keelayjams takes a small apartment and the streets of New York and turns them into an often surreal funhouse

@Electrolemon: Aside from running an infinitely re-

tweetable Twitter account, the "cover model for idiot magazine" also happens to be a reliably funny source for six-second skits.

#### @MarloMeekins:

The comedienne is likely as close as we get to a bona fide Vine celebrity, and it's a well-earned designation. She's an especially worthy follow if you're a fan of dogs in doctor costumes

#### **Twitter**



@metropicks asked: .@ariannahuff redefines the office with naps yoga, meditation. What perks do vou want at work?

@Cavemanbiff: 3 day weekend!

**@MTanzN:** so piggy backing off the male run corp. that is google, they already did what you proclaim

**@qendresa:** healthy snacks such a fresh fruit bowl/tray every day would

Follow @metropicks and take part in our daily poll.

#### Letters

**RE: Rape Not One Of The Three** R's, says Paul Sullivan, published Sept. 12

"The tongue of the wise commends knowledge, but the mouth of the fool gushes folly." In wake of the "pro-rape chant" disgrace at SMU and UBC lately, it seems evident to me that universities have become hotbeds of foolishness, instead of the bastions of wisdom. I agree that the university leadership's reaction is one similar to the deer in headlights. They've long known that stupid behaviour such as this has been around the campus — it's only now that it gets widespread public attention outside that they act.

Roland Derksen, Vancouver

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#### There's a page for that in the new IKEA Catalogue.

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#### Synopsis

Once again the story focuses on the Lambert family - wife Renai (Rose Byrne), husband Josh (Patrick Wilson). kids Dalton and Foster (Ty Simpkins and Andrew Astor) and grandma Lorraine (Barbara Hershey). After the haunting events of the first movie they have moved in an effort to put the past behind them. Unfortunately they can't escape the ghosts who are attracted to what Josh has — life! Increasingly terrifying encounters with spirits threatens not only Josh's safety but the safety of everyone who comes into contact with him.

- Richard: ••••
- Mark: •••••

#### Reel Guys

#### RICHARD CROUSE AND MARK BRESLIN





# Where are the scares?

#### **Insidious: Chapter 2.**

A confusing story and clunky dialogue get in the way of the thrills and chills in James Wan's film

Richard: Mark, jumping around in time and between the realm of the living and the great beyond, this story will be confusing to anyone who hasn't seen the original. But say what you will about the storytelling, no one else makes mainstream horror films like James Wan. Maybe it's best to think of Insidious: Chapter 2 as like taking a walk through a haunted

house. The exhilaration comes from the scares, not the walk. Did it make your spine tingle?

Mark: No, Richard, I was too busy trying to decipher what was going on. My spine doesn't tingle when it's exhausted. I do think Wan was ambitious in juggling all those space and time plots, and his atmospherics were first rate. But I actually might criticize the acting here—there were a lot of clunky line readings. Lin Shaye, however, as the ghostly clairvoyant, steals the picture whenever she's onscreen. And Barbara Hershey? Hottest grandma ever!

RC: Ha! There may be the

odd clunky line reading, but with her delicate features downturned mouth, Rose Byrne does shock face like no one else. I also liked Patrick Wilson. He looks like the clean-cut guy next door, but when he's inhabited by evil spirits, boy, does he get ornery! I also liked that it was a horror film that doesn't rely on gore to get a rise out of the audience. The plasma budget must have been practically zero, but what it lacks in gore it makes up for in smoke, shadows and eerie red doors.

MB: Yes, no gore; Wan has certainly moved on from Saw. But what you call shock face I might call overacting, and seeing Patrick Wilson cast against type is a bit of a mixed

blessing. But in the end, it's still a story about possession and hauntings, and we might just be at the saturation point of the genre. The creaky old house doesn't help. Someday someone's going to set a film like this in an airy modernist penthouse, illustrating the horrors of light and white leather sofas.

RC: And they'll call it A Haunting at Ikea: The Mournful Tale of Billy the Wobbly Bookcase! I think I'll stick to the old school creaky house with a dark basement for ghouls to hide in.

MB: Dark basements are scary, but so are balconies on the 40th floor. I'm not sure where I'd find the ghouls more dangerous!

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# Onscreen Nelson **Mandelas**



#### **George Harris: Prisoners of Conscience** (1981)

A familiar face from the Harry Potter and Indiana Jones franchises, Harris was the first English-language speaker to play Mandela, in an episode of this BBC political documentary series. Released while Mandela was still in prison, it's nearly impossible to find a copy of Prisoners of Conscience today.



## Danny Glover: Mandela (1987)

Airing three years before Mandela's release from prison, this HBO original film featured Lethal Weapon's Glover along-side Alfre Woodard as Winnie, chronicling his rise to prominence and incarceration. The high-profile film scored Glover an Emmy nomination.

#### Sidney Poitier: Mandela and de Klerk (1997)

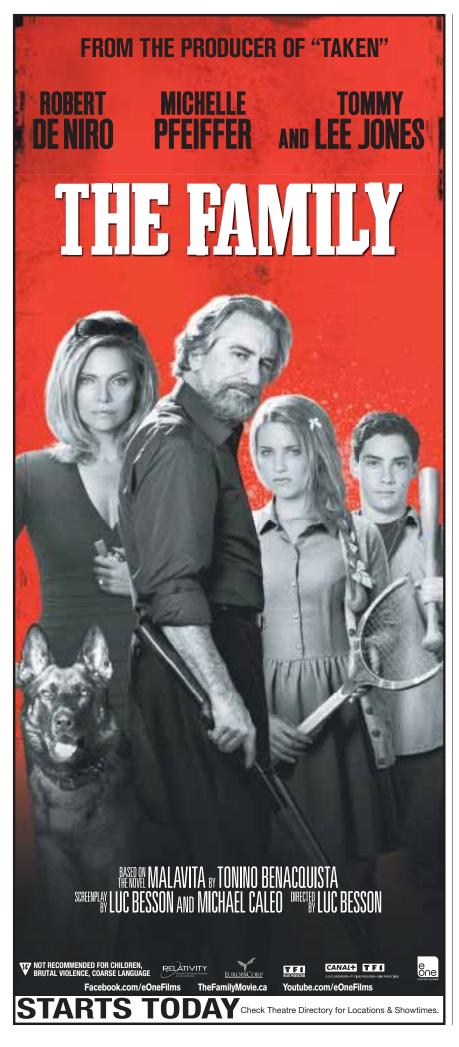
What a cast here: Academy Award-winner Poitier stars alongside Michael Caine (as South African president F.W. de Klerk). It details the behind-the-scenes negotiations that led to the legalization of the African National Congress — and Mandela's release. Like Glover, Poitier was nominated for an Emmy.



#### **Dennis Haysbert:** Goodbye Bafana (2007)

The president from 24 playing the president! Haysbert is pitted against Joseph Fiennes' racist prison guard, whose detail guarding Mandela brings about a change of heart.





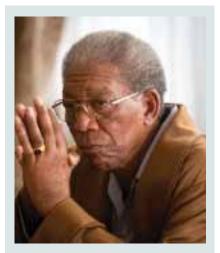
Idris Elba's turn as Nelson Mandela in Mandela: Long Walk to Freedom made its big debut at the Toronto International Film Festival this month with clear awards aspirations. Elba is far from the first actor to take on Mandela's inspiring story — he's been portrayed on screen more than a dozen times — but he could be the first man to win an Oscar for playing him. Here's how some of his previous on-screen incarnations measured up.

**NED EHRBAR** 



#### Clarke Peters: Endgame (2009)

The end of apartheid — and the behind-the-scenes negotiations that brought about its end — is examined again, this time with Mandela taking more of a supporting role. The Wire vet Peters, starring opposite William Hurt and Jonny Lee Miller of Elementary, embodies Mandela as his time in prison comes to an end.



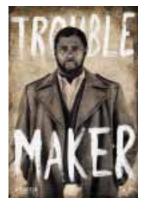
#### Morgan Freeman: Invictus (2009)

In the role he was destined to play, Freeman is Mandela as newly-elected president and attempts to unite post-Apartheid South Africa through a love of rugby. Freeman would be nominated for an Oscar, alongside co-star Matt Damon.



#### **Terrence Howard:** Winnie (2011)

Mandela's second wife Winnie Madikizela-Mandela is the star here, played by Jennifer Hudson. The film details her childhood, her own incarceration and struggles with adversity both during Mandela's imprisonment and afterward. Howard (Iron Man) plays Mandela as a charmboat.



#### Idris Elba: Mandela: Long Walk to Freedom (2013)

Expected to be the definitive biopic, this awards-hopeful follows Mandela from childhood to his first presidential inauguration — with Skyfall co-star Naomie Harris as Winnie. It's based on Mandela's own 1994 memoir. Stringer Bell for best actor?



metronews.ca
WEEKEND, September 13-15, 2013

# Finding the Canadian in Kurt

#### The Art of the Steal.

Jay Baruchel had a great time on set with co-star Kurt Russell



RICHARD CROUSE scene@metronews.ca

"You show up on set and you look over here and there's Kurt Russell and there's Terence Stamp," says Jay Baruchel of shooting his new film The Art of the Steal. "And you think, 'I have a pretty cool gig."

The heist film sees Kurt Russell and Matt Dillon as Crunch and Nicky Calhoun, brothers and art thieves who haven't worked together since Nicky snitched on Crunch and sent him to prison. Years later they team up to steal one of the world's rarest books, but will the job lead to more double-crossing?

Baruchel co-stars in this twisty-turny movie as Crunch's



sidekick and protégé, which meant he got to spend a great deal of time with Russell.

"It's one of these things where if we didn't get along at all we would find a way to fake it but what really helped is that we were two Chatty Cathys. I would ask him every

conceivable thing. Every John Carpenter story. Stuff about Tango and Cash. Stuff about Tombstone, one of my very favourite movies of all time.

"He was cool to talk about all of it so whenever cut was called Kurt and I would go outside and have a cigarette and talk. We talked about everything. We talked about politics. We talked movies, sports. He's a Canadianophile as well, so the man has some real Canadian bona fides. So when it comes time to say action, there's an energy, a connection, a shorthand because we

enjoy one another's company.
"It can be faked, but it's
way less fun and way more

Working with one of his heroes wasn't the only reason Baruchel signed on.

"Like any job I take, I look at the opportunity," he says. "I look at who I'm going to work with, what it's about and where it's going to be and would I pay money to see it. This checked every box on my criteria."

Chief among those yardsticks is a strong Canadian element. The actor is a vocal supporter of the homegrown industry who says, "We need to make more movies here that take place here and we will not hide our Canadianness."

The Art of the Steal fits the bill. It was shot in Niagara Falls, a place he calls "a very specific part of the world, equal parts gorgeous and seedy and strange and disarming. The whole thing is a back lot. You put a camera there anywhere and you have production value up your ass."

#### Action/Comedy



#### The Family

Director. Luc Besson

**Stars.** Robert De Niro, Michelle Pfeiffer

• • •

This fish-out-of-water story sees The Manzonis: Maggie (Michelle Pfeiffer), Belle (Diane Argon), Warren (John D'Leo) and father, hit-man-turned-stoolie Giovanni (Robert De Niro), in witness protection in Normandy. Overseen by an FBI handler (Tommy Lee Jones), they try and fit in. Trouble is, they don't blend. The Family is a Bobby D mob flick, so it isn't terrible, and co-star Michelle Pfeiffer, brings back fond memories of Married to the Mob, but the film teases us with visions of De Niro in gangster mode and lets us down with a paint-by-numbers STOTY. RICHARD CROUSE



Thu 9:20

#### Cinema City McGillivray 2190 McGillivray Blvd.

2 Guns (14A) Fri 7:20-10:10 Sat-Sun 1:30-7:20-10:10 Mon-Thu 7:20-10:10 Elysium (14A) Fri 4:20-7:40-10:20 Sat-Sun 1:45-4:20-7:40-10:20 Mon-Thu 4:20-7:40-10:20 Wed 4:20-10:20 Thu 4:20-7:40-10:20 The 4:20-10:20 Thu 4:20-7:30-10:15 Sat-Sun 1:50-4:30-7:30-10:15 Mon 4:30-7:30-10:05 Tue 4:30-7:30-10:15 Wed-Thu 4:30-7:30-10:05 Fri 7:10-10 Sat-Sun 4-7:10-10 Mon 7-9:50 Tue 7:10-10 Wed 6 Thu 7-9:50

Insidious: Chapter 2 (14A) Fri 5-8-10:30 Sat-Sun 2:30-5-8-10:30 Mon 5-7:45-10:15 Tue 5-8-10:30 Wed-Thu 5-7:45-10:15 Lee Daniels' The Butler (14A) Fri 4-7-10 Sat-Sun 1-4-7-10 Mon-Thu 4-7-10 Fri 6:30-9:30 Sat-Sun 3:30-6:30-9:30 Mon-Thu 6:30-9:30

The Mortal Instruments: City of Bones (PG) Fri-Thu 4:10

Planes (G) Sat-Sun 2 Planes 3D (G) Fri-Thu 4:15-6:40 Riddick (18A) Fri 4:05-7:10-10:05 Sat-Sun 1:15-4:05-7:10-10:05 Mon 4:05-7:10-9:55 Tue 4:05-7:10-10:05 Wed-Thu 4:05-7:10-9:55 Fri 7:45-10:30 Sat-Sun 4:30-7:45-10:30 Mon 7:20-10:15 Tue 7:45-10:30 Wed 7-10 Thu 7:20-10:15

Swan Lake Mariinsky Live 3D (STC) Wed 7

We're the Millers (14A) Fri 4:50-7:50-10:25 Sat-Sun 2:15-4:50-7:50-10:25 Mon 4:50-7:30-10:10 Tue 4:50-7:50-10:25 Wed-Thu 4:50-7:30-10:10

The World's End (14A) Fri-Thu 9:05

#### Cinema City Northgate 1399 McPhillips Street

The Conjuring (14A) Fri 7:25-10:10 Sat-Sun 1:50-4:35-7:20-9:50 Mon-Thu 6-8:45 Ekstra (PG) Fri 6:50-9:40 Sat-Sun 1-3:45-6:50-9:35 Mon-Thu 5:20-8:05 Iron Man 3 3D (PG) Fri 7:05 Sat-Sun 1:40-7:30 Mon-Thu 5:40

The Lone Ranger (PG) Fri 6:55-10:15 Sat-Sun 1:20-4:40-8 Mon-Thu 5:25-8:40 Man of Steel 3D (PG) Fri 10 Sat-Sun 4:30-10:15 Mon-Thu 8:30

Pacific Rim (PG) Sat-Sun 1:15 Pacific Rim 3D (PG) Fri 7:15-10:10 Sat-Sun 4:10-7:05-10:05 Mon-Thu 5:35-8:25 R.I.P.D. 3D (PG) Fri 9:30 Sat-Sun 10:15 Mon-Thu 7:50

Shuddh Desi Romance (PG) Fri 7:10-10:05 Sat-Sun 1:30-4:20-7:10-10:10 Mon-Thu 5-45-8-35

Turbo (G) Sat-Sun 12:50-3:10 Turbo 3D (G) Fri 7 Sat-Sun 5:30-7:50 Mon-Thu 5:30 Vivaly 70 KM (STC) Fri 7:20-10:15 Sat

Viyah 70 KM (STC) Fri 7:20-10:15 Sat-Sun 1:10-4:05-7-10 Mon-Thu 5:50-8:45

#### Cinematheque 304-100 Arthur

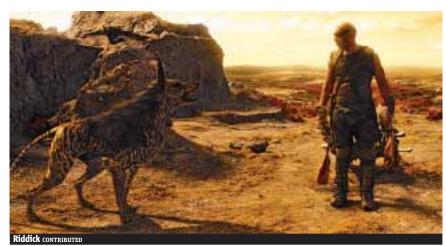
Agustin's Newspaper (STC) Fri 7
The Chilean Building (STC) Sun 7
The Human Scale (G) Thu 9
Machuca (14A) Sat 7
The Manor (STC) Wed-Thu 7
No (14A) Fri-Sat 9
No Films Showing Today (STC) Mon-Tue
Violeta Went to Heaven (14A) Sun 3

#### City Cinema - Northgate 1399 McPhillips

The Conjuring (14A) Fri 7:25-10:10 Sat-Sun 1:50-4:35-7:20-9:50 Mon-Thu 6-8:45 Ekstra (PG) Fri 6:50-9:40 Sat-Sun 1-3:45-6:50-9:35 Mon-Thu 5:20-8:05 Iron Man 3 3D (PG) Fri 7:05 Sat-Sun 1:40-7:30 Mon-Thu 5:40 The Lone Ranger (PG) Fri 6:55-10:15 Sat-Sun 1:20-4:40-8 Mon-Thu 5:25-8:40 Man of Steel 3D (PG) Fri 10 Sat-Sun 4:30-

Pacific Rim 3D (PG) Fri 7:15-10:10 Sat-

10:15 Mon-Thu 8:30



Sun 4:10-7:05-10:05 Mon-Thu 5:35-8:25 R.I.P.D. 3D (PG) Fri 9:30 Sat-Sun 10:15 Mon-Thu 7:50

Shuddh Desi Romance (PG) Fri 7:10-10:05 Sat-Sun 1:30-4:20-7:10-10:05 Mon-Thu 5:45-8:35

Turbo (G) Sat-Sun 12:50-3:10 Turbo 3D (G) Fri 7 Sat-Sun 5:30-7:50 Mon-Thu 5:30

Viyah 70 KM (STC) Fri 7:20-10:15 Sat-Sun 1:10-4:05-7-10 Mon-Thu 5:50-8:45

#### Famous Players Kildonan Place 1555 Regent Ave W

Insidious: Chapter 2 (14A) Fri 7:20-9:50 Sat-Sun 1:30-4:10-7:20-9:50 Mon-Thu 5:45-8:20

The Mortal Instruments: City of Bones (PG) Fri 7 Sat-Sun 1:10-4-7 Mon-Thu 5:20

One Direction: This Is Us - Extended Fan Cut (G) Sat-Sun 1:40 One Direction: This Is Us 3D - Extended

Fan Cut (G) Fri 7:10-9:45 Sat-Sun 4:20-7:10-9:45 Mon-Thu 5:40-8:15 Percy Jackson: Sea of Monsters (PG) Fri 6:50-9:30 Sat-Sun 1:20-3:50-6:50-9:30 Mon-Tue 5:50-8:30 Wed 5:20 Thu 5:50-8:30

Riddick (18A) Fri 7:30-10:15 Sat-Sun 1:50-4:30-7:30-10:15 Mon-Thu 6-8:45 We're the Millers (14A) Fri 7:40-10:10 Sat-Sun 2-4:40-7:40-10:10 Mon-Thu 5:30-8:40 The World's End (14A) Fri-Sun 10 Mon-Thu 8:10

#### Grant Park 8 Cinemas 1120 Grant Ave.

Blue Jasmine (PG) Dolby Stereo Digital Fri-Sat 3:35-6:40-9:20 Dolby Stereo Digital Sun 12:35-3:35-6:40-9:20 Dolby Stereo Digital Mon-Wed 3:35-6:40-9:20 Dolby Stereo Digital Thu 12:35-3:35-6:40-9:20 Elysium (14A) Dolby Stereo Digital Fri-Sat 4:10-7:10-10:10 Dolby Stereo Digital Sun 1:10-4:10-7:10-10:10 Dolby Stereo Digital Mon-Wed 4:10-7:10-10:10 Dolby Stereo Digital Thu 1:10-4:10-7:10-10:10 The Family (14A) Dolby Stereo Digital Fri-Sat 3:45-7-9:40 Dolby Stereo Digital Sun 12:45-3:45-7-9:40 Dolby Stereo Digital Mon-Wed 3:45-7-9:40 Dolby Stereo Digital Thu 12:45-3:45-7-9:40 In a World... (PG) Dolby Stereo Digital Fri-Sat 3:55-6:35-9:30 Dolby Stereo Digital Sun 12:55-3:55-6:35-9:30 Dolby Stereo Digital Mon-Wed 3:55-6:35-9:30 Dolby Stereo Digital Thu 12:55-3:55-6:35-9:30 Insidious: Chapter 2 (14A) Dolby Stereo Digital Fri-Sat 4:05-7:15-10 Dolby Stereo Digital Sun 1:05-4:05-7:15-10 Dolby Stereo Digital Mon-Wed 4:05-7:15-10 Dolby Stereo Digital Thu 1:05-4:05-7:15-10 Lee Daniels' The Butler (14A) Dolby Stereo Digital Fri-Sat 3:25-6:50-9:50 Dolby Stereo Digital Sun 12:25-3:25-6:50-9:50 Dolby Stereo Digital Mon-Wed 3:25-6:50-9:50 Dolby Stereo Digital Thu

12:25-3:25-6:50-9:50 Riddick (18A) Dolby Stereo Digital Fri-Sat 3:40-6:45-9:35 Dolby Stereo Digital Sun 12:40-3:40-6:45-9:35 Dolby Stereo Digital Mon-Wed 3:40-6:45-9:35 Dolby Stereo Digital Thu 12:40-3:40-6:45-9:35 We're the Millers (14A) Dolby Stereo Digital Fri-Sat 3:55-7:05-9:45 Dolby Stereo Digital Won-Wed 3:55-7:05-9:45 Dolby Stereo Digital Thu 12:50-3:50-

#### Landmark Globe Cinema 393 Portage Ave

Blue Jasmine (PG) Fri 7:15-9:40 Sat-Sun 1:15-3:40-7:15-9:40 Mon-Thu 7:15-9:40 Fruitvale Station (14A) Fri 9:50 Sat-Sun 3:50-9:50 Mon-Thu 9:50 The Kings of Summer (14A) Fri 7:20 Sat-Sun 1:20-7:20 Mon-Thu 7:20 Lee Daniels' The Butler (14A) Fri 7-10

#### Landmark Towne Cinema 8 301 Notre Dame Avenue

Sat-Sun 1-4-7-10 Mon-Thu 7-10

Elysium (14A) Fri 6:45-9:20 Sat-Sun 1:15-3:45-6:45-9:20 Mon-Thu 6:45-9:20 The Family (14A) Fri 7:15-9:45 Sat-Sun 1:15-3:45-7:15-9:45 Mon-Thu 7:15-9:45 Getaway (PG) Fri 7:15-9:30 Sat-Sun 1:30-3:45-7:15-9:30 Mon-Thu 7:15-9:30 Insidious: Chapter 2 (14A) Fri 7-9:30 Sat-Sun 1:15-3:45-7-9:30 Mon-Thu 7-9:30 The Mortal Instruments: City of Bones (PG) Fri-Thu 6:45-9:30 Riddick (18A) Fri 7-9:45 Sat-Sun 1-3:45-7-9:45 Mon-Thu 7-9:45

The Smurfs 2 (G) Sat-Sun 1-3:30 We're the Millers (14A) Fri 7-9:30 Sat-Sun 1-3:30-7-9:30 Mon-Thu 7-9:30 Sat-Sun The World's End (14A) Fri 7-9:30 Sat-Sun 1-3:30-7-9:30 Mon-Thu 7-9:30

#### SilverCity Polo Park 815 St. James Street

2 Guns (14A) Fri-Sat 9:50 Sun 10:10 Mon-Thu 9:50 Becoming Traviata (G) Sat 12:55 Despicable Me 2 (G) Fri 1:45-4:20 Sat

Despicable Me 2 (G) Fri 1:45-4:20 Sat 11:10-1:45-4:20 Sun-Thu 1:45-4:20 Despicable Me 2 3D (G) Fri-Thu 7 Elysium (14A) Fri 2:05-4:45-7:35-10:25 Sat 11:20-2:05-4:45-7:35-10:25 Sun-Thu 2:05-4:45-7:35-10:25

The Family (14A) Fri 2:40-5:20-8-10:40 Sat 12-2:40-5:20-8-10:40 Sun-Mon 2:20-5-7:40-10:25 Tue 2:40-5:20-8-10:40 Wed-Thu 2:20-5-7:40-10:25 Insidious: Chapter 2 (14A) Fri 3-5:35-8:10-10:45 Sat 12:25-3-5:35-8:10-10:45 Sun-Mon 2:35-5:10-7:55-10:30 Tue 3-5:35-8:10-10:45 Wed-Thu 2:35-5:10-7:55-10:30

It's a Mad, Mad, Mad, Mad World (STC) Mon 6:30

Kick-Ass 2 (18A) Fri-Thu 9:35

Sun 4:50-7:35-10:20 Mon 4:50-10:20 Tue 4:50-7:35-10:20 Wed 4:05-10:20 Thu 4:50-7:35-10:05

Planes (G) Fri 2:25-4:55-7:20 Sat 12:05-2:25-4:55-7:20 Sun 2:25-4:55 Mon 2:05-4:05-7:20 Tue 2:25-4:55-7:20 Wed-Thu 2:05-4:05-7:20

Riddick (18A) Fri 1:15-4:05-7:05-10 Sat 1:45-4:05-7:05-10 Sun 1:20-4:10-7:25-10:35 Mon 1:20-4:30-7:30-10:15 Tue 1:15-4:05-7:05-10 Wed 1:20-4:10-7:05-10 Thu 1:20-4:30-6:55-10:15

Riddick: The IMAX Experience (18A) Fri 2:10-5-7:50-10:30 Sat 11:20-2:10-5-7:50-10:30 Sun-Wed 2:10-5-7:50-10:30 Thu 7:50-10:30

The School of Rock (STC) Sat 11 Swan Lake Mariinsky Live 3D (STC) Wed 7

We're the Millers (14A) Fri 1:40-4:25-7:25-10:15 Sat 11-1:40-4:25-7:25-10:15 Sun-Thu 1:40-4:25-7:25-10:15 The Wolverine (14A) Fri-Thu 1:20 The Wolverine 3D (14A) Fri-Thu 4:15-7:10-10:10

Lee Daniels' The Butler (14A) Fri-Tue

Screening Wed 1

1:15-4:10-7:25-10:20

1:15-4:15-7:15-10:15 Wed 4:15-7:15-10:15

Thu 1:15-4:15-7:15-10:15 Star & Strollers

The Mortal Instruments: City of Bones

(PG) Fri 1:30-4:30-7:30-10:30 Sat 10:50-

4:30-7:30-10:30 Sun-Mon 1:15-4:10-7:25-

10:20 Tue 1:30-4:30-7:30-10:30 Wed-Thu

One Direction: This Is Us - Extended Fan

Cut (G) Fri 2:30 Sat 11:55 Sun-Thu 2:30

One Direction: This Is Us 3D - Extended

Fan Cut (G) Fri 5:05-7:45-10:20 Sat 2:30-

5:05-7:45-10:20 Sun-Thu 5:05-7:45-10:20

Percy Jackson: Sea of Monsters (PG) Fri 2

Percy Jackson: Sea of Monsters 3D (PG)

Fri 4:50-7:35-10:20 Sat 2-4:50-7:35-10:20

Sat 11:25 Sun-Tue 2 Wed 1:30 Thu 2

Nothing Left to Fear (STC) Thu 7

The World's End (14A) Fri 2:25-5:05-7:45-10:30 Sat 11:50-2:25-5:05-7:45-10:30 Sun-Mon 1:25-4:10-6:50-9:40 The 2:25-5:05-7:45-10:30 Wed 4:10-6:50-9:40 Thu 1:25-4:10-9:40 Star & Strollers Screening Wed 1

WWE Night of Champions - 2013 (STC) Sun 7

#### SilverCity St. Vital 110-1225 St Mary's Rd

Despicable Me 2 (G) Fri 1:55 Sat 11:30 Sun-Thu 1:55

Despicable Me 2 3D (G) Fri 4:20-6:50 Sat 1:55-4:25-6:50 Sun-Thu 4:20-6:50 Elysium (14A) Fri 4:25-7:05-9:50 Sat 2:05-4:35-7:15-10 Sun-Thu 4:25-7:05-9:50 The Family (14A) Fri 2:25-5-7:40-10:15 Sat 12-2:35-5:10-7:50-10:30 Sun-Wed 2:25-5-7:40-10:15 Thu 5-7:40-10:15 Star & Strollers Screening Thu 1

Insidious: Chapter 2 (14A) Fri 2:55-5:25-7:55-10:30 Sat 12:20-2:55-5:25-8-10:35 Sun-Thu 2:55-5:25-7:55-10:30 Kick-Ass 2 (18A) Fri-Tue 9:20 Wed 10:05

The Mortal Instruments: City of Bones (PG) Fri 1:45-4:35-7:30-10:20 Sat 1:25-4:15-7:10-10:05 Sun 1:45-4:35-7:30-10:20 Mon 1:45-4:35-10:20 Tue-Thu 1:45-4:35-7:30-10:20

One Direction: This Is Us - Extended Fan Cut (G) Fri 2:45 Sat 12:10 Sun-Tue 2:45 Wed 1:45 Thu 2:45

One Direction: This Is Us 3D - Extended Fan Cut (G) Fri 5:15-7:45-10:10 Sat 2:45-5:15-7:45-10:15 Sun-Tue 5:15-7:45-10:10 Wed 4:15-10:10 Thu 5:15-7:45-10:10 Percy Jackson: Sea of Monsters (PG) Fri 2:15-4:55-7:25-10 Sat 11:55-2:20-5-7:30-10:10 Sun-Tue 2:15-4:55-7:25-10 Wed 1:50-4:15-10:30 Thu 2:15-4:55-7:25-10 Planes (G) Fri 2:30 Sat 12:15 Sun-Thu 2:30 Sat 11:15

Planes 3D (G) Fri 4:45-7 Sat 2:30-4:45-7 Sun-Thu 4:45-7

Riddick (18A) Fri 2:05-4:50-7:35-10:25 Sat 2-4:50-7:35-10:25 Sun 2:05-4:50-7:35-10:25 Mon 1:40-4:20-7:35-10:25 Tue-Thu 2:05-4:50-7:35-10:25

The School of Rock (STC) Sat 11 The Smurfs 2 (G) Fri 2 Sat 11:40 Sun-Thu

Swan Lake Mariinsky Live 3D (STC) Wed 7

We're the Millers (14A) Fri 1:50-4:30-7:20-10:05 Sat 11:20-1:50-4:30-7:20-10:20 Sun-Wed 1:50-4:30-7:20-10:05 Thu 4:30-7:20-10:05 Star & Strollers Screening Thu 1 The World's End (14A) Fri-Thu 9:30



metronews.ca
WEEKEND, September 13-15, 2013



# What do Modern Vampires listen to?

**Chief songwriters speak.** Their influences

PAT HEALY Metro World News in NYC



for more information

As Vampire Weekend prepared to go on the road for another set of dates, main men Ezra Koenig and Rostam Batmanglij were right where they belonged earlier this week — helping as guest editors to our Metro papers in New York, Boston and Philadelphia.

Throughout two hourlong discussions with VW's chief songwriters, music obviously comes up a lot.

The references Koenig and Batmanglij throw around are often surprising. The title of their new album comes from the song One Blood by reggae artist Junior Reid.

Here is a sampling of a few of the other artists the pair discussed during the discussions.

#### Koenig

"Kanye is probably the greatest artist of our generation, and he's always talking about how he doesn't give a f—, but he's also always talking about how he does give a f—.

It's two sides of the same coin. I would love to eventually get to a place where I could be so relaxed and be like, 'As long as we think it's good, nothing in the world matters.'

But that's not exactly what this whole world of music that we participate in is about."

#### Batmanglij

"Ezra was kind of inspired by some things, one of them being this song Step to My Girl by Souls of Mischief, which you should check out. ... They were a West Coast rap group. I think they made that song when they were 15. It's kind of like a lost song."

#### Koenig

"If you grew up obsessing about pop music and idolizing people like The Clash or Radiohead or Prince, who were able to have long careers in which they changed a lot, part of that is because in addition to following their own visions, they were also able to create things that mattered to people.

I think that it's really cool that The Clash came out and made this early punk album that had all this energy and got people talking, and then six or seven years later they made this dancey

hip-hop song about the Middle East that was like, a huge hit."

#### Batmanglij

"The Walkmen should be bigger, they are a great band. But I think there's a lot of people that feel the way we do."

#### Koenig

"I went on a drive last week and I was listening to the ASAP Ferg album.

I thought there were some really great songs on it. I liked his vibe and I think it's a well-crafted album. And then I saw it debuted in the top 10, and it's his first album and I was like, 'Well, that seems about right.'

That's cool that people are excited about that."

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WEEKEND, September 13-15, 2013

SCENE 27

## 3 songs for the weekend



It's an all-Canadian affair today with a mix of vets and newcomers.



#### Reservoir / Pup

This new Toronto fourpiece is being noticed by websites around the planet. This is honest, unvarnished rock 'n'roll, complete with blemishes. Acquaint yourself now.



#### King of Copenhagen / The Mahones

They've been touring behind their Angels & Devils album for more than a year now. Their latest video was pasted together from nothing but fan-shot footage. Well done!



# Arrows of Desire / Matthew Good

Matt's new album is a back-to-basics affair, inspired in part by repeated listening to his favourite Pixes and Husker Du records. Arrows of Desire will be out Sept. 24.

# Aguilera's African aid trip bettered her

Rwanda. Pop star, who was there on a World Hunger Relief effort, needed time away from cameras and was glad to help those less fortunate

Christina Aguilera says that although she went to Rwanda to help others, she ended up helping herself. The 32-year-old singer visited Rwanda in June for a hunger relief effort. She said the experience helped her ground herself.

"It came at a time in my life when I really needed to be far removed from anything to do with work or being on camera," the Grammy winner said in a recent interview. "It came at a time in my life when I needed to sort of experience what's going on with the world beyond entertainment."

Aguilera has been a spokes-



person for Yum! Brands' World Hunger Relief effort since 2009, and has also travelled to Haiti and Guatemala. She said being a mother — she has a five-year-old son, Max — made her feel more empathetic for those suffering from hunger around the world.

"It's so sad to think there's nothing that sets any of us apart," she said. "And when you go into the field, you really see that and feel that we're all one in the same, it's just we're born under different circumstances, and it's sad and I don't understand why, but I feel what I feel and I did what I can."

On her Rwanda trip, The Voice mentor served food to children and visited refugee camps, which she called "one of the most difficult moments."

"They had to escape everything and everybody they knew and loved, and it's just a lot to really open yourself up and feel all that," she said, on the brink of tears. "And you just want to help out in whatever way that you can."

Yum! Brands Inc. is the parent company to KFC, Pizza Hut and Taco Bell. The company said its World Hunger Relief effort has raised nearly \$150 million for the United Nations World Food Programme and other organizations since its launch in 2007.



#### What is the Moon Festival?

The celebration of the Moon Festival, also known as the Mid-Autumn Festival, occurs on the 15th day of the 8th lunar month. This year, the Moon Festival is on September 19.

Just like Christmas and Thanksgiving in the West, the Moon Festival is one of the most important traditional events for Chinese families.

## FRIDAY, SEPTEMBER 20, 2013 7 P.M.

#### KUM KOON GARDEN RESTAURANT 257 KING STREET

Price: \$35/person, 12/table

Featuring: 10-course meal, entertainment, lots of prizes to win.





metr⊕ DISH metronews.ca WEEKEND, September 13-15, 2013



#### Cheating in the U.S.A.? Has Hemsworth got hands in January's cookie jar?

Rumours about Liam Hemsworth stepping out on fiancée Miley Cyrus are resurfacing after the Hunger Games star reportedly sent a rather forward text message to January Jones, according to Us Weekly. "I want to f— you," Hemsworth allegedly wrote to the Mad Men actress, with whom

he was reportedly spotted making out at an Oscars after-party earlier this year. Hemsworth's rep, however, insists it's all nonsense. "The story of Liam Hemsworth and January Jones is entirely fabricated by US Weekly. There is no truth whatsoever to this tabloid fiction," the rep says in a statement.

#### Cinematic source says Heigl, 'can cost you time every single day of shooting'



According to several film and TV insiders, Katherine Heigl is too difficult and demanding to work with, telling the Hollywood Reporter that casting the former Grey's Anatomy actress is "not worth it." A source from her 2010 film Life As We Know It says, "She can cost you time every single day of shooting.

Wardrobe issues, not getting out of the trailer, questioning the script every single day." And a TV executive says Heigl's reputation kept her out of consideration for a role in a new series. "On many levels, she would have been perfect for the role, but all of us said, 'She's not worth it," the exec says.

#### Does Cara light up Harry's world like nobody else?



Harry Styles reportedly has a new lady in his life. The One Direction member has been dating Cara Delevingne "for around two weeks," according to E! Online. "Harry's been chasing Cara nonstop. He really likes her and has been saying that he wants to be exclusive with her," a source says. But right now, Cara is not sure what to do. "She's finding her feet right now. They are seeing each other though, casually, and are actually very cute together. He's really chasing her, but she's a really busy girl," the source says.

## METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

#### It seems Demi wants a man with Moore years under his belt

Demi Moore is reportedly dating billionaire restaurant mogul Peter Morton, the 66-year-old father of her

ex-boyfriend Harry Morton, according to Grazia. "Demi says that thanks to Peter, her toy-boy fascination could be over," a source says. "At 66, she never thought he'd be her type, but she really likes him. And apparently the same goes for her daughters. "The girls are glad Demi is dating someone older than herself for once," the source adds.









@kirstiealley I hate spell check!!!!!



If humans hadn't developed index fingers, do you



think Mariah Carey would be able to sing?



The reports that Madonna is engaged to her 25-year-old boyfriend are false. She isn't marrying him, she's adopting him.

#### **Liquid Assets**

#### Super sipper



Our Royal Mint will be releasing coins to celebrate the 75th anniversary of Clark Kent's alter ego, and it got me thinking about a style of wine that also has a reputation for being super.

Italy's super Tuscans were conceived back in the 1970s as a liquid rebellion against the Chianti region's archaic winemaking regulations. Some winemakers went rogue by growing and then blending local and global grape varieties.

While Italians initially turned their collective noses up at this sacrilege, they were a hit everywhere else. Soon they were commanding prices as high as Italy's best, which earned them the heroic nickname.

It isn't legally defined terminology, so any winery in Tuscan adding nontraditional grapes to their blend can claim super Tuscan status. That's made it easier to find a drinkable version that doesn't break the bank.

The 2008 Monte Antico Toscana IGT (\$15.95 to \$18.99) is primarily sangiovese with a small portion of both merlot and cabernet sauvignon. The result is a

rich wine with deep plum and black cherry core that offers terrific value.

A classic with izza, it's equally at home paired with most red meats. PRICES REFLECT THE RANGE ACROSS THE COUN-TRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN

# Pile on the yum

**Pulled Pork Lettuce Wraps with** Mediterranean Pickles. A Cutthroat Kitchen-inspired dish

Cutthroat Kitchen hands four chefs \$25,000 and an opportunity to spend the money to either help themselves or sabotage their competitors. Ingredients are stolen, utensils destroyed and valuable time lost when these chefs compete. With host Alton Brown, nothing is out of bounds when money changes hands and viewers see just how far one chef will go to for the winning dish.

#### **Pulled Pork**

1. Heat olive oil in pan over med-high heat. Season pork with salt and pepper, sear on all sides, approx. 15 minutes. Remove from pan and set aside. 2. Place carrot, celery, garlic, cinnamon, thyme, lemon and orange zest in same pan. Sauté over medium high-heat until golden, approx. 10 minutes. Deglaze with tomatoes and stir. 3. Place pork and tomato mix in pressure cooker. Cook on high pressure until pork is tender, approx. 80 minutes. Release pressure and remove pork. Place in a high-sided pan and shred meat.

4. Strain liquid. Cover pork with just enough liquid to keep moist. Set aside to cool.

**5.** Place remaining cooking liquid and vegetable mix in a food processor. Purée until smooth. Set aside.

#### **Crispy Chorizo**

1. Heat olive oil in a sauté pan over medium-high heat. Add chorizo and thyme; sauté until crispy, approx. 5 minutes. Set aside until assembly.



Cutthroat Kitchen airs Sundays at 10 p.m. ET/PT on Food Network Canada.

1. Place ingredients in a large pot and bring to boil. Remove from heat and reserve.

#### **Pickled Fennel**

 Bring Master Brine to boil.
 In another pot, place fennel, orange zest, toasted mustard and fennel seeds. Pour enough boiling Master Brine to cover, weigh down with a heavy object to submerge fennel. Set

aside to cool, approx. 1 hour.

3. Place orange juice in containers. Transfer fennel with Master Brine into containers with orange juice. Cover and refrigerate until assembly.

#### **Pickled Carrot**

1. Place all ingredients, except Master Brine in container. Pour enough boiling Master Brine just to cover ingredients.

Set aside to cool. Once cooled, place in fridge until assembly.

#### **Pickled Shallots**

1. Place shallots and salt in a bowl, toss and set aside 12 hours. Rinse and dry shallots. Place shallots in a bowl, mix with honey, lemon juice and chili. Set aside until assembly.

#### **Green Olives**

1. Heat olive oil in a sauté pan over med heat. Add olives and sauté until golden, 5 minutes. Add lemon zest and thyme leaves. Remove from heat and set aside in oil until assembly.

#### To Assemble

1. On lettuce, top generously with pork, chorizo, cold pickled fennel and carrots, pickled shallots and green olives.

COURTESY FOODNETWORK.CA

#### **Pulled Pork**

- 1/4 cup olive oil
- 1 4-5 lb pork shoulder, deboned and cut into 5 pieces
- salt and pepper
- 1 each carrot and stalk celery, roughly chopped
- 4 cloves garlic, smashed
- 1/2 cinnamon stick
- 3 sprigs thyme
- 1/2 zest each of 1/2 a lemon and orange
- 2 (796 ml) cans of whole tomatoes

#### **Crispy Chorizo**

- 1 tsp olive oil
- 2 chorizo sausages, diced
- 1 sprig thyme Master Brine
- 1 litre white vinegar
- 1 1/2 l water
- 375 g sugar
- 250 a salt

#### Pickled Fennel

- 1 Master Brine
- 1 bulb fennel, core removed and julienned
- 1/2 zest and juice of 1/2
- 1 1/2 each tsp toasted mustard seeds and fennel seeds

#### **Pickled Carrot**

- 2 carrots, peeled into ribbons
- 1 pinch saffron threads
- 1 sprig lemon thyme • 1/2 zest of 1/2 lemon
- 1 tbsp honey Master Brine

#### **Pickled Shallots**

- 2 shallots, julienned
- 1 tsp salt
- 2 tsp honey
- 1/2 one lemon, juiced
- 1/2 finger chili, seeds removed

#### **Green Olives**

- 1 tbsp olive oil
- 1/2 cup green olives, quartered
- 1/2 zest of 1/2 lemon
- 1 sprig thyme, leaves picked
- Assembly
   2 heads Boston lettuce,

washed, dried and leaves picked



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metronews.ca
WEEKEND, September 13-15, 2013

# If you hang it — tastefully — they will see, and maybe like it

**Collage.** Showcase your personal treasures and create great art at the same time

Those beautiful summer vacation photos are in a cardboard box. Somewhere. The souvenirs you picked up on that overseas trip years ago are jumbled in a drawer. Your collection of (fill in the blank) is in the kitchen cupboard.

One clever way to display the collection it is to mount shelves or frames on a wall and fill them with whatever pleases you. Decorators call it a salon wall, and it has origins in 17th century Paris, when the Royal Academy held exhibitions, or "salons," to showcase student work. Their art would be mounted in a closely knit configuration.

A visually balanced arrangement is what you're after, says New York interior designer Elaine Griffin. "It's the eclecticism — photos with found objects, for example — that makes it beautiful and stylish," she says. "Every element should speak to you or tell you a story."

To create a salon wall, plan carefully. Lay out the arrangement on the floor first, and then transfer it from the floor to the wall, piece by piece.

"Start at the centre of the composition and work your way outward, a little bit in each direction, left, right, up, down," Griffin says.

Spacing doesn't need to be the same around all objects, but it can look better when it's equal around an individual element. Use a geometric shape — square, circle, triangle or diamond — as a loose basis for your arrangement.

Create an axis in the centre of the wall, a focal point from which all the elements radiate, Griffin advises. Laying the idea out on a template — a piece of art paper on which you draw the shapes — will help consolidate the finished look.

"It's nice if you have the entire collection for a wall ready to hang at once, but you don't have to — you can install as you collect," Griffin says.

If you want to turn your wall into a photo gallery, hanging the pictures without frames creates a clean look that lets the pictures pop, says Jeff Southard, a spokesman for Collagewall.com, which helps clients create photo walls. Avoid hanging several versions of the same picture, he says; instead, use a variety of close-ups, action shots, etc.

"Given the choice between a perfect bland photo and a flawed, energetic one, go for the lively one," Southard says.

THE ASSOCIATED PRESS





Hat photographs





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#### CFL

#### Go West, league tells Blue Bombers

The CFL's board of governors has officially moved the Winnipeg Blue Bombers back to the West Division.

The league announced Thursday the Bombers will play in the West Division in 2014. They'll be replaced in the East Division by the expansion Ottawa Redblacks.

Since 1930, Winnipeg has spent 61 years in the West, including 34 seasons since the CFL's inception in 1958. But on three occasions, the Bombers have been shifted to the East Division, the last time coming in 2006.

"We are proud of our history in the CFL, but especially proud of our 10 Grey Cup victories, eight of which came as we represented the West," Wade Miller, Winnipeg's acting chief executive officer, said in a statement. "It's no wonder then that so many of our fans consider the West our natural home."

In 2014, the West Division will consist of Winnipeg, the BC Lions, Calgary Stampeders, Edmonton Eskimos and Saskatchewan Roughriders. Ottawa, the Hamilton Tiger-Cats, Montreal Alouettes and Toronto Argonauts will make up the East Division.

The top three finishers in each division will qualify for post-season play unless a fourth-place team in one conference has a better record than the third-place team in the other. In that situation, the fourth-place team will cross over into the opposing division and assume the No. 3 playoff seed.

THE CANADIAN PRESS

# Scheifele showing Jets his will is good

NHL. Early in training camp young forward making his case to stay with the big club

Mark Scheifele was sporting a split lip Thursday after the Winnipeg Jets took to the ice for the first time at camp this season.

But the young forward is more than willing to shed a little blood if that's what it takes to make the team this season.

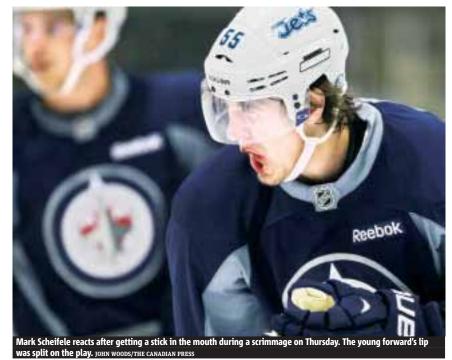
"It caught me pretty good, dazed me for that shift, but I didn't want to be off the ice for too long," he said after practice, his lip still bleeding a little despite the plastic stitches holding it together.

Scheifele has played 11 games with the Jets since he was drafted in 2011. The last two seasons he was sent back to the Barrie Colts, his junior team in the Ontario Hockey League.

He was a major force for the Colts during the playoffs last spring but was injured for the last game and the Colts missed out on a berth in the Memorial Cup.

The Jets know they need more offensive talent for a second and perhaps third line as they enter the more competitive Central Division and Western Conference under realignment.

Last season, Winnipeg con-



sistently fielded only one solid top-six line — Blake Wheeler, Bryan Little and team captain Andrew Ladd. The Jets were unable to find the right mix to complement the obvious scoring talent of left-winger Evander Kane.

The four of them still scored almost half of the 128 goals the Jets scored last season and had a combined total of 152 points.

Olli Jokinen spent some time with Kane but failed to live up to the potential his statistics suggest is there. The Jets acquired Devon Setoguchi and Michael Frolik in the offseason to add more depth.

Kane, Scheifele and Setoguchi lined up at times in a scrimmage Thursday but all know it's too early to say how things would shake out.

"It was good, we made some nice plays, we won the hockey game," said Kane.

"(But) you know it was just a camp scrimmage, so it's tough to kind of see what happens unless you play an actual NHL game."

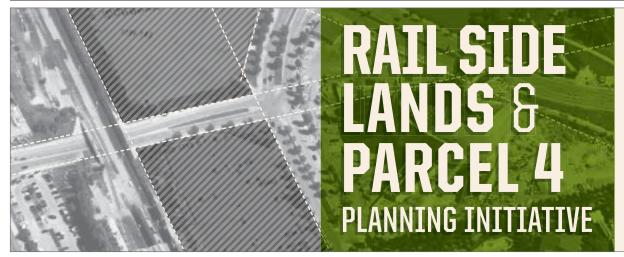
Kane would no doubt like to see himself on a line that can rival the Wheeler, Little and Ladd trio.

"I wouldn't say anxious, I'm probably more on the excited part and hopeful we can find some chemistry and we can get things clicking early on," he said. "Two points in October is just as important as two points in April and that's kind of the mentality we have going into this season."

THE CANADIAN PRESS

#### Quoted

"Two points in October is just as important as two points in April." Evander Kane on the importance of a good start to the season.



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metronews.ca
WEEKEND, September 13:15, 2013

# Roughriders twosome faces assault charges

CFL. Dwight Anderson, Taj Smith in hot water after man taken to hospital following nightclub altercation

Two members of the Saskatchewan Roughriders football team are facing charges after a fight at a Regina nightclub.

Defensive back Dwight Anderson, 32, and wide receiver Taj Smith, 29, each face one charge of aggravated assault.

Anderson and Smith made a brief appearance together in provincial court Thursday and were released on conditions, including that they keep the peace and stay away from alcohol. They left court without speaking to reporters.

Regina police say they were called to the nightclub just before 3 a.m. on Aug. 18 after





Dwight Anderson, left, and Taj Smith each face one charge of aggravated

getting a report of a group of people involved in or gathered around a fight. Police say they found a 20-year-old man with serious injuries who was taken to hospital.

Anderson and Smith were arrested Wednesday evening.

Saskatchewan Roughriders general manager Brendan Taman says the players have not been suspended.

"We're still going through the process of trying to gather what went on and we have a lot of options to do, but right now we've just got to get to the facts and we'll see where it goes," Taman said Thursday at Mosaic Stadium.

The Roughriders host the Toronto Argonauts on Saturday.

Roughriders head coach Cory Chamblin said after practice Thursday that a decision on whether Anderson and Smith will play this weekend has not yet been made.

"A lot of things are up in the air," Chamblin told reporters.
"I don't have enough infor-

"I don't have enough information at this point, like I said, you guys probably have more information than I do, and we'll go forward from there as we still move forward to set a roster"

At 8-2, the Riders are tied with the Calgary Stampeders for the top of the CFL's overall standings.

Smith and Anderson are scheduled to be back in court Oct. 8. The CANADIAN PRESS

#### Boxing

#### Promoter all-in on Mayweather-Alvarez bout

If Richard Schaefer looked a bit nervous standing near his fighters on a massive stage this week at the MGM Grand, he had good reason. In a city of high rollers,

on one of the biggest betting days of the year, the head of Golden Boy Promotions is taking the biggest gamble of all. He's got \$60 million on the line that Floyd Mayweather Jr. and Canelo Alvarez will not only deliver a great fight, but deliver at the box office, too. He's betting the 152-pound matchup between two unbeaten fighters will be a blockbuster, perhaps the richest fight ever.

"I think we will do two million homes, which will make it the single biggest pay-per-view in boxing," Schaefer said.

Golden Boy is charging the single biggest price for a boxing match, a whopping \$74.95 if you want to watch in HD. THE ASSOCIATED PRESS

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#### MLB

## Athletics create breathing room in AL West

With Josh Reddick back and hitting home runs, the Oakland Athletics are bringing some more muscle and a bigger lead into a crucial weekend series

Reddick homered and had three RBIs, A.J. Griffin allowed just two hits in seven innings, and the A's beat the Minnesota Twins 8-2 Thursday afternoon to increase their division lead to 3 1/2 games over idle Texas in the American League West. It is Oakland's largest lead over the Rangers since Aug. 3. The teams are scheduled to play a three-game series this weekend in the Lone Star State.

Reinstated from the 15day disabled list Wednesday after missing time with a sprained right wrist, Reddick hit an eighth-inning pitch from Brian Duensing into the right-field seats for an 8-1 Oakland lead.

THE ASSOCIATED PRESS



# Manning bros. hit Broadway Sunday

Brotherly love. Peyton and Eli maintain a close relationship throughout the bright lights of the NFL

Peyton Manning loves Eli's game, and not just because he's his little brother.

As a fellow NFL quarterback, he appreciates the way Eli has improved every year despite an ever-changing supporting cast, all while working under the bright glare of Broadway.

Oh, and those two Super Bowl rings are pretty sweet, too. Big brother has just one of those.

The siblings square off Sunday at MetLife Stadium, the third — and quite possibly last — time they'll face each other in the pros. Peyton came out on top in the first two, with his old team, the Indianapolis



Colts, beating the New York Giants in 2006 and '10.

Peyton, 37, sees Eli, 32, through the dual prism of blood and quarterback brotherhood, and he's thoroughly impressed by the view. The Mannings talk twice a week on average—last season they played the same divisions in the NFC and AFC, so they shared notes

on those common opponents.

"Usually we'll talk on Sunday or Monday after the previous game and then we'll kind of talk maybe Thursday or Friday kind of about the upcoming game," Peyton said. "We've always done that. We'll share."

Not this week.

They both said there was no football dialogue leading up to Manning Bowl III, just the typical bantering among brothers. There's been enough chatter from everyone else. Aside from the "first family of football" angle, this is the first game in NFL history pitting quarterbacks who threw for 400-plus yards the previous week.

Peyton threw for 462 yards and tied an NFL record with seven touchdown passes against Baltimore. Like Peyton, Eli also completed 27 of 42 throws, and he accumulated 450 yards at Dallas but had three interceptions to go with four TDs.

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#### ↑ Aries

March 21 - April 20

One area of your life will grind to a halt and maybe even go into reverse today. You may not be happy about it but what can you do? Sometimes you just have to accept what occurs.

#### **Taurus**

#### April 21 - May 21

Life is not and never will be a level playing field — some people are good at things that others will never master. Once you accept that, you can just get on with your life.

#### II Gemini May 22 - June 21

You enjoy causing waves and something you say today will no doubt infuriate people who don't share your views. You need to remind them that their opinions, while valid, are not the be all and end all

#### **9** Cancer June 22 - July 23

You cannot change the world, so don't waste time trying. What you can do though is change your own way of looking at the world. If your outlook is positive, your future will be positive too.

#### $\mathbf{\Omega}$ Leo July 24 - Aug. 23

The winds of change are blowing at gale force and if you don't hold onto something, there is a chance you might get swept away. What is most stable in your life? Grasp it.

#### **W** Virgo Aug. 24 - Sept. 23

There are things going on behind the scenes that will change your world in major ways but that is no reason to worry. Looking back later in the year, you will realize how wonderful they were.

#### **△** Libra Sept. 24 - Oct. 23

Someone you don't get along with will make their usual fuss today and you should tell them that you've had enough of their dramatics. If they don't shut up then ship them out.

#### M Scorpio

Oct. 24 - Nov. 22

It takes courage to choose a different path when the one you are on is so familiar but there is no other choice. If you don't change now, you could be stuck with the same old routine for years to come.

#### **プ Sagittarius** Nov. 23 - Dec. 21

A plan you had high hopes for will have to be put on the back burner for a while. According to the planets, it needs more time to mature in your mind.

#### り Capricorn

Everything that happens in life is part of the grand design. Remember that and you won't go wrong. If you want to win at the game of life, you must let

#### Aquarius Jan. 21 - Feb. 19

go and trust the universe.

You may be sad that a friend is moving away but the space their departure leaves will be filled by someone else. Life is never static, nor are relationships. You may not like change but ultimately it is good.

#### **H** Pisces Feb. 20 - March 20

You may be the sort who can bluff your way through most situations but the planets warn you have bitten off more than you can chew this time. A penalty of some kind will have to be paid before you can move on. SALLY BROMPTON

#### **Crossword: Canada Across and Down**

#### Across

- 1. Infomercial's prompt to buy!: 2 wds.
- 7. Coke or Pepsi 10. Cause supporter, -thumper
- 13. Opera tenor, Enrico \_\_ (b.1873
- d.1921) 14. Ms. MacGraw
- 15. Rubik's Cube inventor, \_\_ Rubik 16. Furnace, for example
- 17. Do a cleanse 19. Bldg. planner 20. Company name
- abbr. 22. Travelled, bunny-
- style 23. Truly
- 26. Wants
- 27. Cut-and-
- 30. Actor Mr. Grenier 32. Edmonton's CFL
- players, to fans 34. Texas city, with Antonio
- 35. "Grey's Anatomy" star Ms. Ramirez
- 39. "Dynamite" singer Mr. Cruz
- 40. Christine of "Chicago Hope"
- 42. Music key, 43. Cable sports
- channel 44. Hubbub
- 45. Canadian rapper,
- 47. Celebrated 50. Seal the deal, slang-style: 2 wds.
- 51. Rage: 2 wds. 54. Laura Branigan
- smash 56. Draw out a response
- 58. Tie-59. Plant stem bump
- 63. French author of 1759 book Candide
- 65. Astronaut legend, Buzz

# 43

- 67. '70s hit in Spanish: Tu" 68. And not
- 69. Discontinued
- 70. Set down 71. "Okay."
- 72. Bound-to-the-land persons of ancient
- Sparta Down
- 1. Be sore
- 2. City in Normandy in France where Canadians saw action in WWII
- 3. Hamlet genre, for short

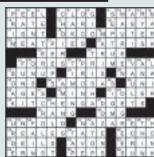
2 wds.

5. 'Lact' suffix

- 4. Food label heading
- under which Calories, Fat, etc. are listed:
- 6. Tom Cochrane album: 'Mad Mad \_\_' 7. '80s fashions features: 2 wds. 8. Toreador's taunt
- 9. Essential part 10. Hogwash
- 11. Hungry
- 12. Surnamesakes of bartender Woody on 'Cheers'

#### See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN 15. It's been rocking

- The Senate in 2013 headlines: 2 wds. 18. Eugene O'Neill's
- daughter
- 21. Hot drink
- 24. Social pages word
- 25. "Shoot!"
- 27. Rocker Mr. Wentz 28. Botanist Mr.
- Gray's
- 29. Bypass
- 31. "Last one
- rotten egg!" 33. Abrupt door
- closing 36. Marie-Claire's
- friend
- 37. Sitarist,
- Shankar 38. Song covered by
- Chantal Kreviazuk:
- "Leaving on \_ Plane"
- 41. Work like
- (Toil)
- 46. 'Rocky' movies
- installment
- 48. 1998 Sarah Mc-
- Lachlan hit
- 49. Tofu base 51. Countertops edg-
- ing choice
- 52. Gorge village
- of Southwestern Ontario
- 53. Ms. Cyrus
- 55. Toothbrush brand
- 57. Minuscule
- 60. About: 2 wds. 61. Soft drink request
- 62. Completes
- 64. Caviar
- 66. Tommy Jones link



#### Sudoku

involved.

How to play Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math

9	1	2	8	5	7	3	6	4
6	a	4	3	9	1	2	5	7
3	5	7	2	6	4	9	1	B
5	6	8	7	4	3	1	2	9
2	3	1	9	8	6	7	4	5
4	7	9	1	2	5	6	8	3
1	2	5	4	3	9	8	7	6
0	4	3	6	7	2	5	9	4
7	4	6	6	4		8	3	9

	1	4					8	
3					5		4	
9			6		4	7		
4	2			3		6		9
5		6		2			7	
		7	3		8			2
	4		9					8
	3					4	1	

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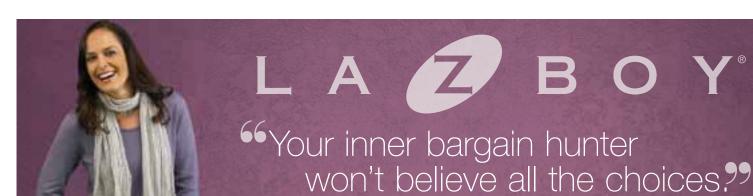


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